

# CHISWICK AMATEUR REGATTA INFORMATION FOR COMPETITORS

## THE COURSE

1. 1000 metres as shown on the attached maps and diagrams. Stations count from Surrey. All races will be with the tide from a free start. Races before 9.10am and after 2.15pm will be raced downriver. Races between 10.10am and 1.30pm will be upriver.

## REGULATIONS

2. The Regatta is held in accordance with ARA Rules.
3. **No crew** may be represented, in whole or in part, in **more than two events**. This also applies to substitutions. **No boat** may be used in **more than two events**.
4. Before a crew has its first race:
  - **a representative of the crew must report to the Crews Registry.**
  - the coxswain, if included, must be weighed at Crews Registry.
5. In the event of a dead-heat, crews will not return to the boathouses but will re-row the race immediately under the direction of the Umpire.
6. **Prizes can only be awarded to winning competitors who can produce their ARA registration card.**
7. Races will start without reference to absentees.

## NAVIGATION

8. Visiting crews must be familiar with the Tideway Code of Practice found at [www.thames-rrc.org/rowing-on-the-thames/navigation-on-the-river-thames](http://www.thames-rrc.org/rowing-on-the-thames/navigation-on-the-river-thames). **The course is in the centre of the river.** If visiting crews have any queries about navigation they should ask Control Commission (the officials inspecting boats at the boating area).
9. A map and two flow diagrams are attached, one for downriver (ebb tide) racing and one for upriver (flood tide) racing. Coxswains, bowsteers and scullers should make themselves familiar with the flow pattern, crossing points and marshalling areas.
10. **Crews must keep close to the bank** when proceeding to the start and returning from the finish. The Surrey bank should be used above Chiswick Quay and the Middlesex bank below Chiswick Quay. The crossing point is immediately upriver of the University of Westminster/Quintin and Mortlake Anglian Boathouses. Crews boating from Barnes or further downriver may cross below Chiswick Bridge. **Please take care crossing the course.**
11. The Regatta is being held on a Bank Holiday weekend and the river will be busy. Competitors should understand that the river will be open to other traffic and that private motorboats/launches may not take appropriate action to reduce their speed. Competitors should make due allowance for this.

12. Crews should keep to the right hand side of centre when moving with the stream.
13. As a general rule private motorboats will keep towards the Surrey bank when proceeding downriver and towards the Middlesex bank when proceeding upriver.

### **MARSHALLING BEFORE THE START OF RACES**

14. Crews arriving at the start must report to the Start Marshal's launch, and wait either below University of London Boathouse on the Surrey bank for the downriver course or below Chiswick Bridge (opposite the Ship Pub) for the upriver course. Crews must stay close to the bank in single file and not obstruct other river traffic.

15. When called to the start by the Start Manager and Umpire or Starter:

Downriver: Crews must move up past the navigation buoy and turn and assemble line abreast on their stations. Crews must pass to the left of the red navigation buoy.

Upriver: Crews must turn and assemble on their stations line abreast Crews must pass through the centre arch of Chiswick Bridge.

### **SAFETY**

16. Please take a few minutes to read the safety plan.
17. Boats and other property are accommodated at the owner's risk and responsibility.
18. All coxswains must wear a life jacket or buoyancy aid of appropriate design.
19. Racing starts and flat out rowing **are not allowed** in the marshalling areas. There is a warm up area downriver of the crossing point below the Ship Pub.
20. Do not turn close to the upstream side of bridges. After finishing downriver races crews must pass through Chiswick Bridge before turning. After finishing upriver races crews must turn immediately after the navigation buoy. Crews proceeding through Kew Railway Bridge must use the second arch (marked by navigation lights) from the Surrey bank.
21. Do not cut in towards the Middlesex bank when approaching the finish on the downriver course. **You will be a danger to crews in the boating area.**
22. Do not cut in towards the Surrey bank approaching the finish on the upriver course. **You will be a danger to crews returning to the boating area.** You must pass to the right of the red navigation buoy. **Coxless boats** should look round to check the position of **the pier** on the Middlesex bank.

### **PROGRAMME OF RACING**

23. The Committee reserves the right to alter the programme.

### **PRIZE GIVING**

24. Prizes will be presented to winning crews immediately after each final.