

## Chiswick Amateur Regatta – COVID Safety Plan Information

### General Information

**General Arrangements** The 2021 regatta will look and feel different from a normal Chiswick Amateur Regatta. It is important that all those who attend the site whether to compete, officiate or volunteer are able to do so in a way that minimises the risk to themselves and to others of contracting COVID. Everybody attending the event not entered into a crew (all officials, coaches, support staff and volunteers) MUST complete the health declaration available via the website not more than 24 hours before attending the site.

Individuals who have not completed this declaration risk exclusion from the regatta. You must wear a mask when you are indoors, using any facilities or if for any reason cannot maintain social distancing.

COVID19 Tests are now available from a number of sources from the NHS free of charge. We encourage everyone attending the site to conduct a lateral flow test at least twice in the week before the event with one test being taken on the day before you travel to the event.

- Order rapid lateral flow tests to be sent to your home
- Find a site near you to get tested at
- Find a pharmacy where you can collect rapid lateral flow tests
- Find a test site where you can collect rapid lateral flow tests.

**COVID Security** – You should wear a mask in any area where you cannot maintain social distancing (2m), this is likely to include moving around the site with others. You do not need to wear a mask to boat unless your club / educational institution guidance requires it. A mask must be worn at all times when indoors. The following aspects of the regatta have significant changes for 2021, as summarised below:

**Parking** – There will be no parking on site other than trailers and tow vehicles, this is the same as normal, however we will space out the trailers to give more space.

**Changing/Shower and Rest Facilities** – There will be no changing or shower facilities for visiting clubs. Please ensure you arrive ready to race.

**Toilets** – Portaloos are being made available for visitors, there will be no access to the toilets on the first floor.

**Check-in / Crew Changes** – Check-in needs to be done by a single person and will be in the gym. You cannot make crew changes in person, you should use BROE.

**Racing Numbers and Pins**– These will be in a single envelope for each club and should be picked up by one person at the start of the regatta.

**Weigh in** – Coxswains must weigh in before your first race in accordance with Rules of Racing. No weight certificates will be handed out, wrist bands will be used to demonstrate that you have weighed in, weights will be recorded by the weigh in official. Coxswains must provide their own sealed deadweight to make up their weight to race weight which they should be willing to surrender to be weighed at any time up to their last race. Coxswains can be weighed in for multiple boat

classes on that day, but must declare the classes to the official at the time of weigh in. Coxswains must wear a mask/ face covering during weigh in. Weigh in will be in the gym.

**Boating** – For those boating from Quintin, please ensure you bring wellingtons, flipflops or sliders and that coaches have an appropriate container to help move footwear up the beach out of the way.

**Spectators** – Based on current advice spectators are strictly prohibited. Nobody will be permitted to access the Quintin site only for the purpose of spectating. Crews whose supporters breach this instruction are liable to disqualification.

**Racking of Boats / Blades** – Depending on number of visiting trailers, we will aim to allocate boat and blade storage areas. Blades should be returned to your trailer/storage area after each water session or stored under your boat, none should be left on the beach except prior to racing and while racking your boat.

**Results and the draw** – To avoid gathering there will be no notice boards or displays of results. Results and draws will be published on our website and via Twitter.

**Information Broadcast** – Key information will be broadcast via a Whatsapp group please submit details via the Club Covid Declaration (1 per club). This will be used to communicate urgent information about racing.

**Prizes** – There will be no prizegiving at this year's event. Tankards can be collected by winning crews from the weigh in area. Please only send 1 representative to collect tankards.

**Coaches/Organiser as COVID Officers:** Each has a responsibility for the COVID secure behaviour of their club members. They are encouraged to help enforce social distancing amongst their club members and to ensure that they follow the appropriate guidance throughout the regatta.

**Club and Individual Declarations:** Each club must submit a "Club COVID Declaration" which is available on this [LINK](#). This will confirm that their entry reflects the athletes on site, that none have or are at high risk of COVID infection and that the COVID guidance will be followed. Any person attending the regatta who is not a competitor MUST complete an individual declaration available on this [LINK](#). This is a legal requirement.